

## PARENT INSTRUCTIONS FOR FOLLOW-UP APPOINTMENT

Your follow-up appointment will be on:

  
   / 
   
   / 
   
  
  
  

Day of the week (circle)

Monday	Tuesday
Wednesday	Thursday
Friday	Saturday

Arrive by:

  
   : 
   
   AM or PM (circle)

Check-in at:

\_\_\_\_\_

You have an appointment for an:  
AND

Echocardiogram

You have an appointment with:

Dr. \_\_\_\_\_

Your child will have blood drawn during this hospital visit. This is generally done after the Echocardiogram and doctor's appointment.

Children under 2 ½ years old will usually be sedated with Chloral Hydrate for the Echocardiogram. This medication works best if your child is tired and has an empty stomach.

For children under 3 years old, please follow the guidelines below:

1. NO food or milk/formula AFTER       :       AM or PM (circle)
  2. Can have CLEAR LIQUIDS until       :       AM or PM (circle)
  3. Nothing by mouth AFTER       :       AM or PM (circle)
- **Use the attached Aspirin and Temperature Log to write down each time you give your child aspirin and each time you take your child's temperature.**
  - **Bring this log when you come for your first follow-up visit.**
  - **The log will be collected and reviewed by the Research Nurse.**

**Section A: KEY IDENTIFYING INFORMATION****\*\*\*Section A to be completed by Clinic Staff\*\*\***

- A1. Study Identification Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
AFFIX STUDY LABEL HERE
- A2. Study visit Week 1 ..... 1      Week 5 ..... 2
- A3. Name of person collecting form \_\_\_\_\_  
PRINT FULL NAME
- A4. Date of study visit \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
M M D D Y Y Y Y

**Section B: PARENT ASPIRIN AND TEMPERATURE LOG****INSTRUCTIONS FOR GIVING ASPIRIN:**

Most children will be on high doses of aspirin for a few days at home. High dose aspirin should be given every six hours as follows: 6 AM, 12 noon, 6 PM, and 12 midnight. It is fine to give the aspirin 30 minutes on either side of these times and the 12-midnight dose can be given when the parents go to bed (after 10 PM) rather than having to awaken yourselves at night. It is best to give aspirin with food or milk as it may upset your child's stomach.

After your child has been without fever for 2 consecutive days (less than 98.6 by mouth (orally), ear (tympanic), or armpit (axillary) or, less than 100 by rectum/buttocks (rectally)), we will reduce your child's aspirin dose. You will only need to give aspirin once a day. The Nurse on the Kawasaki Team will call you after you are home to monitor this. If your child's coronary arteries remain normal, we will discontinue the aspirin after approximately 2 months. In children with abnormalities of the coronary arteries, aspirin is continued for a longer time.

Aspirin directions:

**HIGH DOSE:** Use Baby aspirin (81 mg/tablet); Give your child \_\_\_\_\_ tablets **4 times** each day until the Nurse tells you to stop.

**LOW DOSE:** Use Baby aspirin (81 mg/tablet); Give your child \_\_\_\_\_ tablets **once** each day until the Nurse tells you to stop.

Fill in the log below with the date. For each time listed, circle **GIVEN** if the aspirin was given or **NOT GIVEN** if you forgot to give the aspirin.

**INSTRUCTIONS FOR TAKING YOUR CHILD'S TEMPERATURE:**

You will need to take your child's temperature once a day between 4 and 6 PM before his/her 6 PM aspirin dose. You can take your child's temperature by mouth (orally), ear (tympanic), armpit (axillary) or by rectum/buttocks (rectally). Follow the Nurse's instructions for taking your child's temperature.

Please **write** the temperature in the log and **circle** the method for how you took your child's temperature.

Call your pediatrician or the Kawasaki Team if your child's temperature is 101 degrees or higher by rectum/buttocks (rectally), or 100 degrees or higher by mouth (orally), ear (tympanic), or armpit (axillary).

**Use the log to write down your child's temperature and to record each time you give your child aspirin.**

**Remember to bring the log with you for your 1-week follow-up visit and give it to the Nurse.**

**Section B: PARENT ASPIRIN AND TEMPERATURE LOG**

**DAY 1**

**B. 1**

a. Date

M	M	/	D	D	/	Y	Y	Y	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.2. 12 noon

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.3. 6 PM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

\_\_\_ . \_\_\_ °F

- c.1. Rectum .....1
- Mouth.....2
- Ear .....3
- Armpit .....4

b.4. 12 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

**DAY 2**

**B. 2**

a. Date

M	M	/	D	D	/	Y	Y	Y	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.2. 12 noon

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.3. 6 PM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

\_\_\_ . \_\_\_ °F

- c.1. Rectum .....1
- Mouth.....2
- Ear .....3
- Armpit .....4

b.4. 12 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

**DAY 3**

**B. 3**

a. Date

$\frac{\text{M}}{\text{M}} / \frac{\text{D}}{\text{D}} / \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}}$

**b. Aspirin**

**c. Temperature**

b.1. 6 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.2. 12 noon

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

b.3. 6 PM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

\_\_\_ . \_\_\_ °F

- c.1. Rectum ..... 1
- Mouth..... 2
- Ear ..... 3
- Armpit ..... 4

b.4. 12 AM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

**DAY 4**

**B. 4**

a. Date

$\frac{\text{M}}{\text{M}} / \frac{\text{D}}{\text{D}} / \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}}$

**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

\_\_\_ . \_\_\_ °F

- c.1. Rectum ..... 1
- Mouth..... 2
- Ear ..... 3
- Armpit ..... 4

**DAY 5**

**B. 5**

a. Date

$\frac{\text{M}}{\text{M}} / \frac{\text{D}}{\text{D}} / \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}} \frac{\text{Y}}{\text{Y}}$

**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1    Not Given .....2

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

\_\_\_ . \_\_\_ °F

- c.1. Rectum ..... 1
- Mouth..... 2
- Ear ..... 3
- Armpit ..... 4

**DAY 6**

**B. 6**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	/	_	Y	_	/	_	Y	_
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given ..... 2

\_\_\_ . \_\_\_ °F

b. \_\_\_ mg ( \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth..... 2  
 Ear ..... 3  
 Armpit ..... 4

**DAY 7**

**B. 7**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	/	_	Y	_	/	_	Y	_
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given ..... 2

\_\_\_ . \_\_\_ °F

b. \_\_\_ mg ( \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth..... 2  
 Ear ..... 3  
 Armpit ..... 4

**DAY 8**

**B. 8**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	/	_	Y	_	/	_	Y	_
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given ..... 2

\_\_\_ . \_\_\_ °F

b. \_\_\_ mg ( \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth..... 2  
 Ear ..... 3  
 Armpit ..... 4

**DAY 9**

**B. 9**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4

**DAY 10**

**B. 10**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4

**DAY 11**

**B. 11**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4

**DAY 12**

**B. 12**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4

**DAY 13**

**B. 13**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4

**DAY 14**

**B. 14**

a. Date

_	M	/	_	M	/	_	D	/	_	Y	_	Y	_	Y	_	Y
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**b. Aspirin**

**c. Temperature**

b.1. 6 PM

a. Given..... 1      Not Given .....2

\_\_\_ \_\_\_ . \_\_\_ °F

b. \_\_\_ \_\_\_ mg ( \_\_\_ \_\_\_ tablets)

- c.1. Rectum ..... 1  
 Mouth.....2  
 Ear .....3  
 Armpit .....4